

This is not an easy time to be a teenager, nor is it an easy time to be a family. Now more than ever, the transition from adolescence to young adulthood is fraught with hazards and obstacles that can undermine a young girl's movement into her future.

The health of our families and our communities depends upon our ability to equip young people to make this transition safely and successfully. The mission of The Daughters Arise programme is to work together in partnership with parents and help families meet this challenge.

To register your daughter on the Daughters Arise Programme, please call The Woman Arise Institute now on 07969 472392 to book a no obligation free consultation. Our spaces fill up extremely quickly, so early registration is strongly encouraged to avoid disappointment.

Act now! Your daughter's life may depend on it. As a parent, The Daughters Arise programme is one of the most important investments you will make in you daughters future.

Special Offer

The first 5 callers get the first session absolutely free!



Testimonials

"The Daughters Arise programme has been a great asset to my family and me. They understand people & how they feel, which makes a great difference."

- Dawn, parent.

"People have tried to make me see many times, but it didn't work. Daughters Arise has helped me to see things in another way and changed my thinking in a few sessions." - Samantha, aged 14.

"Having Tonya weekly was a great activity to look forward to. She is a great person that has the ability to change a person... She helped us see things from a different perspective. If you prefer being taught in a fun, interactive and private manner, then Tonya is the person to be around!" - Geraldine, aged 16.



e-mail

info@thewomanariseinstitute.com

website

www.thewomanariseinstitute.com

ATTENTION!

Calling All Concerned Parents



Are you concerned about your daughters future?

Is your daughter giving you a hard time?

You and your daughter

- Is she going down the wrong path?
- Is she hanging around with a bad crowd?
- Is your clever girl underachieving at school?
- Do you want more for your daughter?
- Do you hate watching her waste her life?
- Is your daughter out of control, depressed, angry or lacking in motivation and self-confidence?

If you have answered yes to any of the above then The Daughters Arise Programme is the answer you have prayed and hoped for.



During recent years there has been a lot of effort on addressing the underachievement of boys. However the experiences of girls remain problematic in a number of ways. For example, not all girls are academically successful. Many girls face exclusion in schools; rates of smoking and drinking alcohol are high amongst some groups of girls.

- Self-harming among teenage girls has recently reached alarming levels. Researchers say one in three females aged between 11-19 has tried to hurt themselves in some way.
- Teenage abortions have soared to an all time high. There is now a 21% jump in under 14s having abortions. Young people accounted for half of all STD's diagnosed last year.
- The Finnish study, published in the Journal of Advanced Nursing documents that the UK has the highest rates of eating disorders in Europe. Almost one in five teenagers admit to eating problems and may be showing early signs of anorexia and bulimia.
- The latest figures reveal that one third of all juvenile crime is committed by girls and the number of women jailed for violent crimes has doubled in 10 years.
- A recent Home Office report revealed that crimes committed by girls as young as ten have soared by 25 per cent in three years.

Adolescence can be a challenging time for young women. The Woman Arise Institute recognises that girls are facing a new generation of pressures. We care deeply about young people and have a great desire to assist girls of all backgrounds to realise their full potential. Education is about more than just obtaining knowledge. Young people need to have healthy mindsets, desires, goals and priorities in order to reach their highest level of attainment.

The Daughters Arise programme provides one to one coaching sessions and weekend group workshops for girls aged between 8-18. The programme is a supportive bridge in transforming girls into confident, successful young women. It empowers young girls to take control of their lives, manage their emotions, while improving their behaviour and communication. We also run short courses and Mother-Daughter Days.

